

Section: Foundations and Basic Commitments  
Title: District Wellness Program  
Number: ADF-R - Critical  
Legal Refs: §§ 167.720, 610.010 - .028, RSMo.  
The Richard B. Russell National School Lunch Act, 42 U.S.C. §§ 1751  
1769  
Adopted: November 21, 2013  
Revised: April 24, 2014

### **Wellness Committee**

The district will establish a Wellness Committee that consists of at least one: parent, student, nurse or other school health professional, physical education teacher, school food service representative, school administrator, health enhancement coordinator, member of the public and other community members as appropriate. A Board member may also participate. If available, a qualified, credentialed nutrition professional will be a member of the Wellness Committee.

### **Missouri Eat Smart Guidelines**

The Missouri East Smart Nutrition Guidelines, referenced in Policy ADF, may be accessed at:

<http://dese.mo.gov/divadm/food/documents/MOEatSmartGuidelines2ndEd.pdf>

### **Park Hill Eat Smart Guidelines**

The Park Hill Eat Smart Guidelines may be accessed at:

<http://www.parkhill.k12.mo.us/Pages/wellnessguidelines.aspx>

Park Hill School District, Platte County, MO